



Mixed Slo-Pitch Rules

1. Teams consist of (6) male (4) females. no more than (2) male batters in a row.
2. A team may field 8 or 9 but the 9th & 10th batting positions will be outs. If a team chooses, they can lend player(s) or have females bat twice.
3. A team may have extra females but no more than (6) males.
4. 10 up 10 down batting rules. 10 players bat in a prearranged order.
5. Big ball / small ball for male and female batters. Females have the choice to hit big ball or small ball.
6. Free substitutions but the opposing team must be made aware of the substitution.
7. Both teams must keep score and have opposing teams line up.
8. Games may start early if fields are available. Industrial games MUST be finished and off the field for 8pm evening games.
9. The ball must be pitched with an arc of 6-12 feet. The pitcher may deliver the ball palm forward or backwards as preferred. If the pitch does not have a 6ft arc a "no pitch" will be called and the pitch is an automatic ball unless the batter swings and they assume the result.
10. No illegal bats! All bats must have BPF 1.20, NSA, USSA sticker. No jact bats allowed! If a player brings a jact or altered bat onto the playing field to use the player can be ejected from the game.
11. HOME RUN RULE: 4 home run Per Team per Game. At no time during a game will the number of over the fence home runs hit by one team be in excess of the number allowed. Where an over the fence home run is hit that is in excess of the number allowed, the batter will be called out.
12. If a ball is touched by an opposing player before leaving the field of play as a home run it is not considered towards the home run total.
13. Infield fly is a fair ball, not including a line drive, which can be caught by an infielder with ordinary effort when 1st & 2nd, 1st, 2nd & 3rd bases are occupied, before (2) are out. Umpires may call "INFIELD FLY, BATTERS OUT" to avoid confusion or collision. Runners may treat this the same as any fly ball and try to advance at their own risk.
14. No bunting or intentional chopping the ball in a direct downward motion or batter is out.
15. Double base is to be used at first base. Defensive players must only use the white portion. The runner must use the orange portion when a play is made at first base. After reaching first the white portion is to be used.



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16. Base stealing is not allowed. Runners can leave their bases when a pitched ball has reached home plate or is hit. If the batter does not hit the pitch, base runners must return to their bases immediately. Sliding to avoid contact is permitted.
17. No lead offs. Runners caught leading off bag when anticipating a hit without a hit being made may be called out.
18. Runners may advance at their own risk if a caught fly ball in either fair or foul territory.
19. A 20 ft. /6.6-meter commitment line from the top left-hand corner of home plate towards 3rd base will be established.
20. Sliding is allowed at 2nd base, 3rd base and returning to 1st base. No sliding at home plate or going to 1st for the first time.
21. Home plate plays will be forced plays if the runner has crossed the commitment line. The catcher has the option of tagging the runner or tagging the home plate not the mat! Runners may not slide at home plate. If a runner touches home plate or the mat, the player is out! Runners should run behind the mat.
22. An outfielder (including rover) cannot come in closer than the 150 ft (45.72m) line until the ball is hit. Infielder cannot cross the same line until the ball is hit.
23. Metal cleats or spikes of any type are not permitted.
24. Teams of fans consuming alcohol on the ball field or in the stands will be subject to forfeiture of game.
25. When a team forfeits a game, the game will be scored (7-0) for the winning team.
26. The strike mat is 2ft x 3ft.
27. Ball the contacts the mat are strikes.
28. PITCHING: The minimum pitch distance is 45 feet (45 – 60 feet is the standard). Pitching Mask / Helmet is recommended for pitchers. NOTE: Helmets are not mandatory at this time but are suggested for safety.
29. Doug May field rule. If the Doug May field is to be used, there will be a NO HOME RUN rule in effect. This is to keep the players safe, playing in the adjacent sun field. If a batter hits a home run in Doug May field, it will be considered an out. Any ball hit into the netting on Doug May is ruled a double.
30. The City reserves the right to direct groups to change their team's name or use an abbreviation if deemed inappropriate. Vulgar team names will not be published.